

*Organic*

Bloomdsdale Longstanding

*Heirloom*

# SPINACH

*Spinacia oleracea*

## SOURCE

High Mowing

## TYPE

Wind Pollinated

## SEEDS PER PACK

20

## ISOLATION

DISTANCE

2 Miles

## VIABILITY

4 Years

## POP. SIZE

40



Very cold-hardy dark green leaves with heavily savoyed texture. For early spring and fall; good cold soil emergence but a tendency to bolt in the heat. Performs well in winter greenhouses or overwintered outdoors under mulch.

CLEVELAND  
**SEED**  
BANK



*Organic*

Cascadia Snap

**PEA**

*Pisum sativum*

SOURCE

High Mowing

TYPE

Self Pollinated

SEEDS PER PACK

10

ISOLATION

DISTANCE

20 Feet

VIABILITY

5 Years

POP. SIZE

25



A must-have main season variety with heavy yields of juicy, thick walled pods. Bucketloads of plump pods with tiny, distinctively delicious peas on 3' tall vines. Multiple disease resistances allow for spring and late season plantings.



*Organic*

Red Cored Chantenay

*Heirloom*

# CARROT

*Daucus carota*

## SOURCE

High Mowing

## TYPE

Insect Pollinated

## SEEDS PER PACK

20

## ISOLATION

DISTANCE

1 Miles

## VIABILITY

3 Years

## POP. SIZE

60



Broad-shouldered variety with sweet, old fashioned carrot flavor. Wide shoulders, a tapered root, and a blunt, rounded tip; thrives in heavy soils. Fine grained texture and a characteristic red core. A great variety for soups, freezing, canning, and storage. Introduced from France in the late 1800s. • 6" Chantenay-type.

CLEVELAND  
**SEED**  
BANK



*Organic*

Copenhagen Green

# CABBAGE

*Brassica oleracea*

*Heirloom*

## SOURCE

High Mowing

## TYPE

Insect Pollinated

## SEEDS PER PACK

20

## ISOLATION

DISTANCE

1/2 Mile

## VIABILITY

5 Years

## POP. SIZE

40



Solid heads are somewhat variable in size ranging from 3-4 lbs and 6-8" in diameter with uniform maturity. Compact plants sit close to the ground, handy for smaller gardens. Heads hold well before and after harvest. Great for slow cooking, slaws and sauerkraut! Early and adaptable • 3-4 lb heads





*Organic*

Dark Green  
**Zucchini**  
*Cucurbita pepo*

SOURCE

High Mowing

TYPE

Self Pollinated

SEEDS PER PACK

10

ISOLATION  
DISTANCE  
1/2 Mile

VIABILITY

7 Years

POP. SIZE  
10



Vigorous variety produces good yields of straight, smooth fruits. An open-pollinated variety best suited to the home garden, with abundant yields of lightly mottled dark green fruits. Pale greenish-white, firm flesh. Bush habit • Harvest at 6-8" • 50 days to maturity.



*Organic*

Lacinato Dinosaur  
**KALE**  
*Brassica oleracea*

*Heirloom*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**ISOLATION  
DISTANCE**  
1/2 Mile

**VIABILITY**

5 Years

**POP. SIZE**  
40



Unique blue-green savoyed leaf. This variety has surprisingly tender texture, great for raw kale salads and the darkest blue-green leaf color of any kale. Flavor sweetens after frost.



*Organic*

Dragon  
**CARROT**  
*Daucus carota*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**ISOLATION  
DISTANCE**  
1 Mile

**VIABILITY**

3 Years

**POP. SIZE**  
60



Vibrant purple skin with bright orange flesh and unusual yellow core.  
Roots are full-sized at 7-8" long and very hardy. Adored by carrot aficionados for its yellow core and spicy-yet-sweet flavor.  
Specialty appeal • 7-8" long.



*Organic*

Genovese  
**BASIL**  
*Ocimum basilicum*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**ISOLATION  
DISTANCE**  
150 Feet

**VIABILITY**

5 Years

**POP. SIZE**  
40



Pesto lovers unanimously recommend Genovese as the best variety for pesto! Plants are strong producers of dark-green, glossy leaves with a characteristic spoon shape, exceptionally tender texture, and distinctively sweet flavor excellent in sauces and cooking. 10-12" plants.





*Organic*

*Heirloom*

Georgia  
**COLLARDS**  
*Brassica oleracea*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**ISOLATION  
DISTANCE**  
1/2 Mile

**VIABILITY**

5 Years

**POP. SIZE**  
40



Top producer of tender, mild flavored greens with reliable, heavy yields. Long, loosely-held leaves are dark green with stark white mid-ribs. Smoother leaves, whiter midribs. Old-time favorite introduced before 1880. Variable leaf shape. 36" tall plants



Organic

Gilbertie Paste

Heirloom

# TOMATO

*Lycopersicon esculentum*

## SOURCE

High Mowing

## TYPE

Self Pollinated

## SEEDS PER PACK

10

## ISOLATION DISTANCE

10 Feet

## VIABILITY

5 Years

## POP. SIZE

10



Rich, meaty and delicious! Long, slender shape with characteristically green shoulders and a slight crook in the neck. Narrow fruits average 7" long with very solid, rich-flavored flesh that makes excellent sauces and soups. Very small seed cavity.



Organic

Green Arrow Shell  
**PEA**  
*Pisum sativum*

SOURCE

High Mowing

TYPE

Self Pollinated

SEEDS PER PACK

10

ISOLATION  
DISTANCE  
20 Feet

VIABILITY

5 Years

POP. SIZE  
25



A classic main crop garden pea with heavy yields of slim, densely packed pointed pods. Two pods are borne on each stem making harvesting a cinch. Each pod is stuffed with up to eleven delicious peas.



*Organic*

Iko Iko Bell  
**PEPPER**  
*Capsicum annuum*

**SOURCE**

High Mowing

**TYPE**

Self Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**  
100 Feet

**VIABILITY**

4 Years

**POP. SIZE**  
10



Spectacular array of colors in a high yielding bell pepper. Purple and yellow peppers ripen to tangerine and red streaked with purple. Immature fruits are dark purple, lavender, pale yellow, and occasionally lime green.





Organic

Lemon Queen  
**SUNFLOWER**  
*Helianthus annuus*

SOURCE

High Mowing

TYPE

Insect Pollinated

SEEDS PER PACK

10

ISOLATION  
DISTANCE  
1/2 Mile

VIABILITY

4 Years

POP. SIZE  
20



Buttery pale yellow petals contrast nicely with a wide brown center. This wellknown variety has one large main flower followed by smaller, branching secondary flowers of excellent quality. Each flower has a long stem and holds well in bouquets. Plants bloom for a long period of time. Excellent cut flower • Attracts bees and butterflies • 5-7' tall.



Common  
**MILKWEED**  
*Asclepias syriaca*

**SOURCE**

Local

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**VIABILITY**

5 Years



Milkweed is an Ohio native that is the sole host of the Monarch caterpillar. Monarchs are becoming increasingly threatened due to habitat loss and the use of herbicide. Growing milkweed in your garden is a simple way to contribute to the effort to save the Monarchs!



Organic

Mix  
**NASTURTIUM**  
*Tagetes erecta*

SOURCE

High Mowing

TYPE

Insect Pollinated

SEEDS PER PACK

10

VIABILITY

5 Years

POP. SIZE

2



Attractive, sunny mix of yellow, orange, rose and crimson flowers on trailing plants. Delicate lily pad-like leaves are just as attractive as the bright flowers. Edible flowers and foliage are a gourmet treat with flavor reminiscent of peppery watercress. Perfect for hanging baskets, containers or in the garden.



*Organic*

New England Pie  
**PUMPKIN**  
*Cucurbita pepo*

*Heirloom*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**  
1/2 Mile

**VIABILITY**

7 Years

**POP. SIZE**  
10



Classic pie pumpkin with dry, stringless flesh and superior thick consistency in pies. Attractive fruits have dark orange skin with light ribbing and well attached handles. Stores well • 4-6 lb fruit • 105 days to maturity.





*Organic*

Parris Island Cos

# LETTUCE

*Lactuca sativa*

## SOURCE

High Mowing

## TYPE

Self Pollinated

## SEEDS PER PACK

20

## ISOLATION DISTANCE

20 Feet

## VIABILITY

3 Years

## POP. SIZE

10



Fast-growing multi-purpose lettuce for baby leaf or full size heads. Baby leaves size up quickly for salad mixes while the upright, uniform grey-green heads have nicely savoyed leaves. Medium-slow to bolt.



*Organic*

Pink Beauty  
**RADISH**  
*Raphanus sativus*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

20

**ISOLATION  
DISTANCE**  
1/2 Mile

**VIABILITY**

5 Years

**POP. SIZE**  
50



Bright pink radish with crisp white flesh that completely resists pithiness. Flesh has a distinctive and delicious flavor with pleasant tender texture even when grown to large size. Attractive round to oval shape and medium-sized tops. Very early, colorful spring offering.



*Organic*

*Heirloom*

Pruden's Purple  
**TOMATO**  
*Lycopersicon esculentum*

**SOURCE**

High Mowing

**TYPE**

Self Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**

10 Feet

**VIABILITY**

5 Years

**POP. SIZE**

10



Rivals Brandywine as the best-flavored heirloom tomato with silky texture. Pruden's is not really purple, but rather a deep pink with slight shoulder ribbing. Fruits are large, often close to 1 lb each, but smaller than Brandywine. Plants have potato-shaped leaves.  
Indeterminate • 12-16 oz. fruit



*Organic*

Red Russian  
**KALE**  
*Brassica napus*

*Heirloom*

SOURCE

High Mowing

TYPE

Insect Pollinated

SEEDS PER PACK

20

ISOLATION  
DISTANCE  
1/2 Mile

VIABILITY

5 Years

POP. SIZE  
40



Bright purple stems and slate green, deeply lobed foliage. Leaves are tender, smooth and very sweet compared to other kales. An incredibly cold-tolerant variety that improves in flavor with cold weather.

Popular ingredient in baby leaf salad mixes or as full size bunches.  
24-36" tall





Organic

Red Swan Bush  
**BEAN**  
*Phaseolus vulgaris*

SOURCE

High Mowing

TYPE

Self Pollinated

SEEDS PER PACK

10

ISOLATION  
DISTANCE  
20 Feet

VIABILITY

4 Years

POP. SIZE  
10



Stringless snap with a unique eye-catching red hue! Deep rose-purple pods are flat, like Romano beans, with rich hearty flavor. Beans turn bright green when cooked. This variety, made by crossing a purple snap bean with a pinto bean, was bred by Minnesota bean breeder Robert Lobitz. Tan seeds. 4-6" flattened pods.



*Organic*

*Heirloom*

Rosa Bianca  
**EGGPLANT**  
*Solanum Melongena*

**SOURCE**

High Mowing

**TYPE**

Self Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**  
50 Feet

**VIABILITY**

6 Years

**POP. SIZE**  
10



A lovely Sicilian variety with light pink fruit streaked with white and violet. Plump, rounded fruits have mild, creamy taste adored by chefs; no bitterness and few seeds. Does best in areas with warm nights and can be lower-yielding in extreme Northern areas. Gourmet appeal • 4-6" fruit.



*Organic*

Success Yellow  
**SQUASH**  
*Cucurbita pepo*

**SOURCE**

High Mowing

**TYPE**

Insect Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**  
1/2 Mile

**VIABILITY**

7 Years

**POP. SIZE**  
10



Prolific, disease-resistant plants with smooth, uniform and attractive fruit. High yielding with over three months of abundant, disease-free harvest. Uniform shape • Harvest at 6-7" • 50 days to maturity.



*Organic*

Sweet Chocolate Bell  
**PEPPER**  
*Capsicum annuum*

**SOURCE**

High Mowing

**TYPE**

Self Pollinated

**SEEDS PER PACK**

10

**ISOLATION  
DISTANCE**  
100 Feet

**VIABILITY**

4 Years

**POP. SIZE**  
10



Early and high yielding with unusual very dark red color. Appreciated for its remarkable earliness, heavy fruit set, and tolerance of cool nights. Medium sized peppers are uniformly long and slightly tapered with long stems

